

# WRIGLEY'S

after every meal  
adds a zest and helps digest.

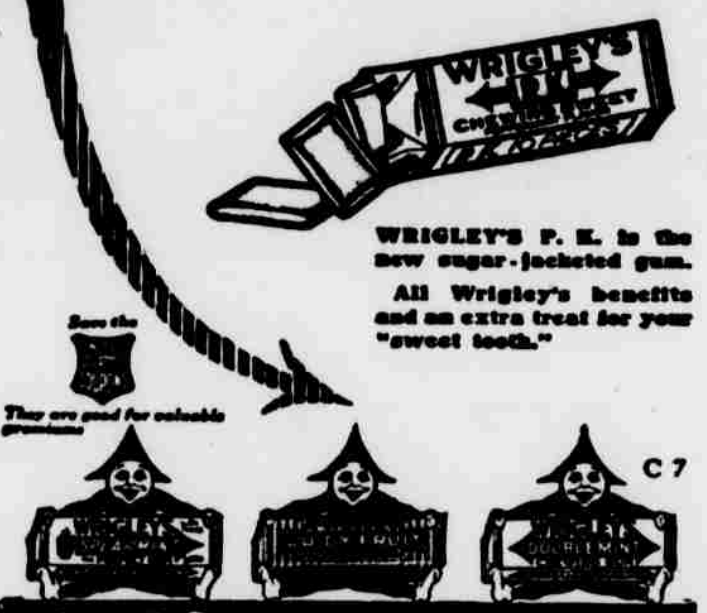
One five cent package of Wrigley's contains a beneficial after dinner treat for the whole family.

It gives delight and keeps teeth white. It's a satisfying sweet.

Wrigley's is cleansing, cooling and soothing to mouth and throat.

Lasts long—costs little—does much.

Wrigley's is made clean and comes to you clean, wholesome and full of flavor in its wax wrapped package.



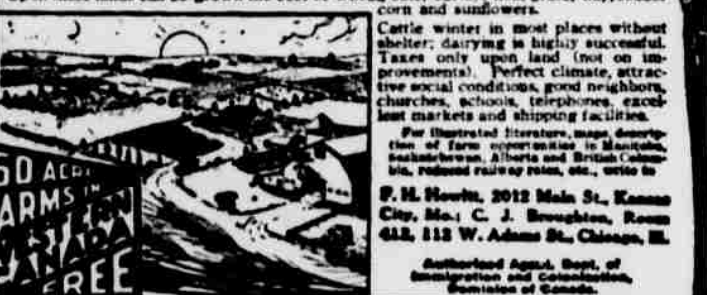
WRIGLEY'S P. K. is the new sugar-jacketed gum. All Wrigley's benefits and an extra treat for your "sweet tooth."

## WESTERN CANADA

Wheat Growing, Cattle Raising and a Happy Home of Your Own

Prosperous Farms and Happy Homes await those who are desirous of enlarging their present resources and securing for themselves homes in a country that, while yet in its infancy, has made itself famous by the quality of the grain it produces and by the excellence of its live stock.

There are millions of acres of the highest class of soil available for the man whose object in life is to become his own landlord, and who wishes to share in the opportunity which has given wealth to the thousands of Americans who, having started on Western Canada farms with but small means, are now writing home to their friends, telling of what they have done. Lands are cheap and homesteads farther from lines of railway are free to settlers. Upon these lands can be grown the best of wheat, oats, barley, flax, grass, hay, fodder corn and sundries.



10c Gives New Life to Old Stockings  
Putnam Fadeless Dyes—dyes or tints as you wish

"Blue-Blooded" Ants. Ants had developed their present highly organized society long before our ape-like ancestors had settled down into communities.

Freudian. "Jim certainly has lots of masochism." "Yes, he is interested in psychoanalysis"—Life.

Renewing Acquaintance. "You know that I don't love me?" "Not now. Introduce me."—Boston Evening Transcript.

## 2 or 3 Cans of Baking Powder

Are Not Worth the Price of One

If they are the "big can and cheap" kind because they may mean baking failures.

## CALUMET

The Economy BAKING POWDER

Don't let a BIG CAN or a very low price mislead you. Experimenting with an uncertain brand is expensive—because it wastes time and money. The sales of Calumet are over 150% greater than that of any other baking powder.

THE WORLD'S GREATEST BAKING POWDER

## USEFUL INFORMATION PICKED UP AT FAIRS

Farmers and Breeders Given Opportunity to Study.

In Practically All Parts of Country Excellent Exhibits Are to Be Attractive Features—Animals May Be Purchased.

Prepared by the United States Department of Agriculture. Exhibits of improved livestock and poultry at county and state fairs this year promise to be unusually interesting, according to information received by the United States Department of Agriculture from many sources.

In practically all parts of the country excellent livestock exhibits are to be attractive features of fairs. The attention which breeders and farmers have been giving to good livestock, combined with good feed and care, has resulted in some exceptionally well-bred and well-fitted animals.

In encouraging farmers to take advantage of the opportunities which fairs and livestock exhibits give for observing improved livestock and poultry the Department of Agriculture places emphasis on the following points: Livestock displays afford an opportunity to study breeds and types and to see a large number of good animals. In the case of most animals the size, conformation, and uniformity are worthy of special study in view of increasing tendency to raise purebred and high grade stock as market animals as well as for breeding.

Farmers attending livestock displays obtain useful information by meeting others who are interested in superior breeding and feeding methods. Besides the ideas exchanged and information gained, new enthusiasm for the work is a common result. Animals and poultry may be purchased at most fairs, though as a rule it is more satisfactory for a farmer to purchase animals at the home of the breeder than to buy fitted animals at fairs. Animals that have been prepared for exhibition usually are priced higher than unfitted ones of similar quality and breeding.

## CAREFUL IN CRANKING TRUCK

Drivers Ought to Be Sure That the Spark Is Fully Retarded—Plan to Avoid Injury.

Before cranking the engine, the driver of a motor truck should be sure the spark lever is fully retarded and that the gears are in neutral. If it is attempted to crank the engine with the spark lever advanced, the chances are that the engine will backfire, possibly resulting in a broken arm. Furthermore, if the driver succeeds in cranking his engine when it is in gear it may start and run over him and be the cause of considerable damage to the truck and other property as well.

It pays to be on the safe side when the cost of taking a chance means possibly damage suits of two kinds—one of injury to the driver, and the other



Before Cranking a Truck Be Sure That Gears Are in Neutral.

on account of property damage of one sort or another. There have been cases where damage suits have arisen from injuries done to outside persons other than the driver, all because this rule was not obeyed.

## MEANING OF THE WORD VEAL

Departments of Agriculture Frequently Called Upon to Decide Between Veal and Beef.

There seems to be marked variation of opinion as to what is meant by the word veal. Ordinarily, when one hears the word uttered, he thinks of the carcass or meat of a young bovine. In most cases this conception of the meaning of the word veal is sufficient and it can be dismissed from the mind without further consideration; but, when one is called upon to state just what constitutes veal, there may be some difficulty experienced in determining when a bovine carcass is or is not to be regarded as veal.

Departments of agriculture are sometimes called upon to decide whether or not a rather heavy carcass should be classified as veal or beef and the decision conforms to the conclusion of authorities on the subject, which is as follows:

Calf carcasses weighing less than 300 pounds, with comparatively light-colored, fine-grained flesh, are classified as veal.

## Three Potato Pests.

The three worst insect pests of the potato are the Colorado beetle (common potato bug), the leaf hopper, and the flea beetle. Spray the first with arsenate of lead and the last two with bordeaux.

## Serious Loss in Grain.

Poor shearing is responsible for serious losses in grain. The heart of making a good shearer is required only to experience.

## WILD RICE GOOD FOR HUMAN FOOD

Department of Agriculture Investigating Possibilities in Growing of Plant.

## SEED STORAGE IS IMPORTANT

It Grows Mainly in Shallow Lakes and Sluggish Streams—Little of Grain Ever Grown on Market—Has Ornamental Value.

(Prepared by the United States Department of Agriculture.)

According to the usual practice recommended, seed should be kept dry from harvest to planting time, but the opposite condition is desirable in preserving the viability of wild rice, says the United States Department of Agriculture in Circular 229, Wild Rice, prepared by Charles E. Chamberlain. For this reason, in buying seed it is important that the purchaser be made from a dealer who guarantees that it has been stored under the right conditions.

## Use for Wild Rice.

The principal use of wild rice is as feed for wild ducks and other water



Wild Rice Growing in Shallow Water—The Seed Panicles Are Two Feet Long.

fowl, but it is also used to a limited extent as human food, particularly by some of the Indian tribes of the upper Mississippi valley. Because it attracts game birds it is sown on hunting preserves, the sowers going out in row-boats or canoes and spreading the seed over the water by hand. Mature seed is heavy and will sink immediately to the bottom and become imbedded in the mud. Spring sowing is the most satisfactory as seed that is sown in the fall is likely to be consumed by hungry ducks or geese.

The natural range of wild rice in North America extends southward from the northern end of Lake Winnipeg to the Gulf of Mexico and eastward to the Atlantic coast throughout these latitudes. In the northern part of this region it grows mainly in shallow lakes and sluggish streams, while in the eastern and southern part of the United States it thrives along brackish water on low marshes bordering most of the tidal rivers.

Wild rice may be started in beds and then transplanted. This method of getting a stand started in a location where the crop does not grow naturally is described in the circular.

## Manner of Harvesting.

For centuries the Indians of Minnesota, Wisconsin and Canada have harvested this crop by going out in canoes and shaking or knocking the ripe seeds into the boat. The white man, with all his ingenuity, employs the same method and probably will continue to do so until the plant is brought under cultivation. The Department of Agriculture is investigating the possibilities in the growing of the plant and in the circular reports that it is a good food and that it has a possible value as forage. Very little of the grain ever gets on the markets, as the Indians sell only the small surplus they may have occasionally.

Copies of the circular may be obtained by writing to the Department of Agriculture, Washington.

## CHEMICALS FROM CORN COBS

Furfural Is Extracted at Greatly Reduced Cost; Also Made From Oat Hulls.

By developing new methods of extracting furfural from corn cobs, chemists of the United States Department of Agriculture have greatly reduced the cost of making this chemical, which is used in the manufacture of soluble and insoluble resins for stains, varnishes, insulating material, printing plates, and many other articles. Furfural has been made commercially for about 35 cents a pound, but when made from cobs it is estimated that it can be manufactured at a cost of about 10 cents a pound. Cobs give the greatest yield of furfural of any of the common agricultural materials that contain it.

## Destructor of Bugs.

The quail, says the Florida College of Agriculture, is a great destroyer of common weevils and is worthy of every protection the farmer can give.

### RECEIVED GREAT BENEFITS PE-RU-NA

FROM THE USE OF

Mr. J. C. Sutton, R. F. D. No. 2, Gray Creek, North Carolina: "I have used Pe-Ru-NA for the last two years and received great benefit from it. It has cured my cold, cough and asthma. I can recommend it most highly."

For coughs, colds, asthma, the results of grip and Spanish flu, stomach and bowel disorders and all other Catarrhal diseases, PE-RU-NA is recommended by a half century of usefulness.

TABLETS OR LIQUID  
SOLD EVERYWHERE

### Spohn's Disemper Compound

to break it up and get them back to health. Thirty years ago Dr. Spohn's Disemper Compound was the only remedy for Croup, Whooping Cough, and all diseases of the throat, chest and lungs. And now, after 30 years, it is still the only remedy for these ailments. It is sold in two sizes at all drug stores.

SPYER MEDICAL COMPANY  
CHICAGO, ILLINOIS

## LOCALITY MADE DIFFERENCE

According to Uncle Silas, Horses Eventually Do Not Lead a Fast Life in Bountown.

People in Bountown were used to Uncle Silas' way of talking and enjoyed it; but at last there came, as a member of the summer colony, a man who had a desire to set everything and everybody straight, according to his ideas.

"What's the sense of your referring to that animal of yours as a 'colt'?" demanded this person one day. "How old is he?"

"Well, he is going on eleven years," said Uncle Silas, mildly.

"Eleven years?" sneered the man. "Well, we should call that pretty ancient for a colt—in New York."

"I think likely you would," said Uncle Silas, without rancor, but with considerable firmness in his tone; "but perhaps 'twould be well to consider, sir, that this colt of mine resides in Bountown, where eleven years is pretty young for a horse."—Philadelphia Ledger.

## Carving 5,000 Years Old.

What is described as the "finest expression of Egyptian statuary art in the world" has been sold at Sotheby's auction room in London for 10,000 pounds sterling. It is the head of Amenemhet III, an Egyptian king who lived about 3500 B. C. It is cut in basalt, which is said to be one of the hardest stones on which an artist can work.

It measures 4 1/2 inches from the top of the head to the chin, but Prof. Percy E. Newberry, the Egyptologist, has pronounced it "a masterpiece that has not been surpassed by any sculptor of any country or age."

## Thoughtful.

An old Irishman was struggling along the highroad with a heavy bundle, when a friend passed in a cart. It was a hot day, so the friend, thinking Pat would be glad of a lift, said: "Jump up here, old man."

Pat was delighted and, after climbing up, rested his bundle carefully on his knee.

"Put your bundle on the seat," said his friend.

"Oh, no," Pat answered. "Since you are so good as to give me a ride, O'll not be after asking you to carry me bundle as well."

## His Condition.

"New Spradley is getting better bodily, but a heap worse politically," stated Cap Johnson of Rumpus Ridge.

"What's the matter with him, anyhow?" asked an acquaintance.

"Why, a couple of weeks ago an Hon. came along and snatched him out of his wagon by means of a corral handshaker, and durn! high broke his back. He says guraffier he'll vote again in the glorious Old Party, even if it kills him."—Kansas City Star.

## Stagnation.

"Have the various conferences you participated in been of any benefit?"

"Yes," replied Senator Sorghum. "Anything that prevents monotony is a help, and they provided a lot of people with some place to go and something to talk about."

## A Night Owl.

"What does your son want to be?"

"An astronomer." "An astronomer?" "Yes," he says he likes the hours."

birds of the sea. Cuckoos are strictly wanderers, and are only found inland when they have been driven by storm, or for some reason or other, from their customary migratory routes, says the American Forestry Magazine. It is a big bird, as big as a goose. They are wonderful on the wing, flying with great rapidity, and plunge to the sea with extraordinary swiftness to seize the fish.

The Wild Gentleman. "I saw a wild man in a shelter last summer," stated J. Fuller Gloom. "The gentleman was a most disengaged-looking personage. If I had had with me either a bottle of soothing drops, a club, a bowl of olives, a cake of soap, or a tract, I believe I should have given, or taken, on the case may have been, or it may, to him."—Kansas City Star.

True Independence. It is not the greatness of a man's means that makes him independent so much as the smallness of his wants.—Cobbett.

## A UNION OF INTEREST TO WOMEN

Healthy Housewife—Happy Home

Lydia E. Pinkham's Vegetable Compound Has Helped Form Many

For the ailing, half-sick housewife such a union is impossible. Often times even the slightest form of housework cannot be accomplished. Yet the work must be done. Many women struggle along for years suffering from some form of female trouble that makes their lives miserable and their homes far from happy.

Lydia E. Pinkham's Vegetable Compound has helped thousands of just such women regain their health and strength. Just give your thought to the following letters and remember that the women who wrote these letters knew how they felt before taking the Vegetable Compound and again afterwards. It helped them—let it help you.

## Had Nervous Spells.

Horatio, Ark.—"I had nervous spells and awful bad feelings. My right side and my back hurt me all the time and I had been going down in health for six or seven years. For three years I had not been able to do my work without help. I weighed only 90 pounds when my husband's mother persuaded me to take Lydia E. Pinkham's Vegetable Compound. Now I heartily recommend it to all suffering women, as I have gained weight and health. I can do all my work, anything I want to do."—Mrs. JIM REARICK, Horatio, Arkansas.

## LITTLE DIFFERENCE IN POETS

Mr. J. Fuller Gloom Comments on Strain That Seems to Be Common to All of Them.

"It is related of Tennyson—not Tennyson J. Draft, but that other and equally apophthegmatic poet, Alfred Lord Tennyson—" stated J. Fuller Gloom. "That at one time he took certain visitors up onto the roof of his house to show them a view, which in all probability he wished to give the impression he had made. Presently a woman and child were observed in the distance, running in their direction, and Tennyson would have it that they were hurrying to catch a glimpse of him. A moment later a bull was seen charging out from behind a clump of bushes, palpably in pursuit of the two. Thereupon Tennyson, true to form, declared that the gentleman cow was also trying to get a good look at the world's greatest poet. From this we should learn that the habits of the good old times were fully as silly and convoluted as they are today."—Kansas City Star.

## Overdoing the Optimism.

"It is our duty to be cheerful under all circumstances."

"I don't think so," replied Cactus Joe. "A man who can grin when he has had a full hand beaten is a mere hypocrite."

## Maybe So.

"Algy has jumped into the river twice. Wonder why?" "Must be a girl at the bottom of it."

We should complain less of, and respect more, our daily task, since it is our greatest schoolmaster.

## Air Line Center.

Belgium has become the center of aviation of western Europe. There are many air lines converging at Brussels and more are proposed so that the capital will be in touch with all the important cities of Europe. The same factor that made Belgium a railroad center will act to operate in the case of the airship. The surface of the land is of such a character that landing places are easily found in case it is necessary to make a hurried descent.

## Not if They Can Help It.

Sam—"There's one thing women won't do." Brown—"Why, what's that?" "Grow a mustache."

No. 72 New York, August 1922

I do hereby promise to pay in sleepless nights

Mr. Coffee Drinker

Why sign notes at the dining table?

If your mealtime cup of coffee leads you into midnight wakefulness and mid-afternoon drowsiness (as so often happens) why not stop giving the promise to pay?

It is so easy to keep out of debt by turning to Postum.

Postum is a satisfying, mealtime drink, rich in flavor and aroma—and with no regretful settlements afterward.

Why not try Postum instead of coffee today, and pave the way to better health and happiness?

**Postum FOR HEALTH "There's a Reason"**

Made by Postum Cereal Co., Inc., Battle Creek, Mich. Sold by All Dealers